

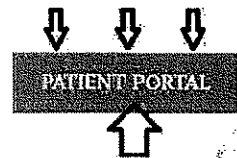
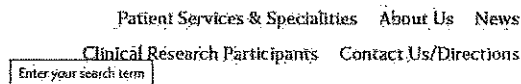
# Altoona Arthritis and Osteoporosis Center

## Patient Portal

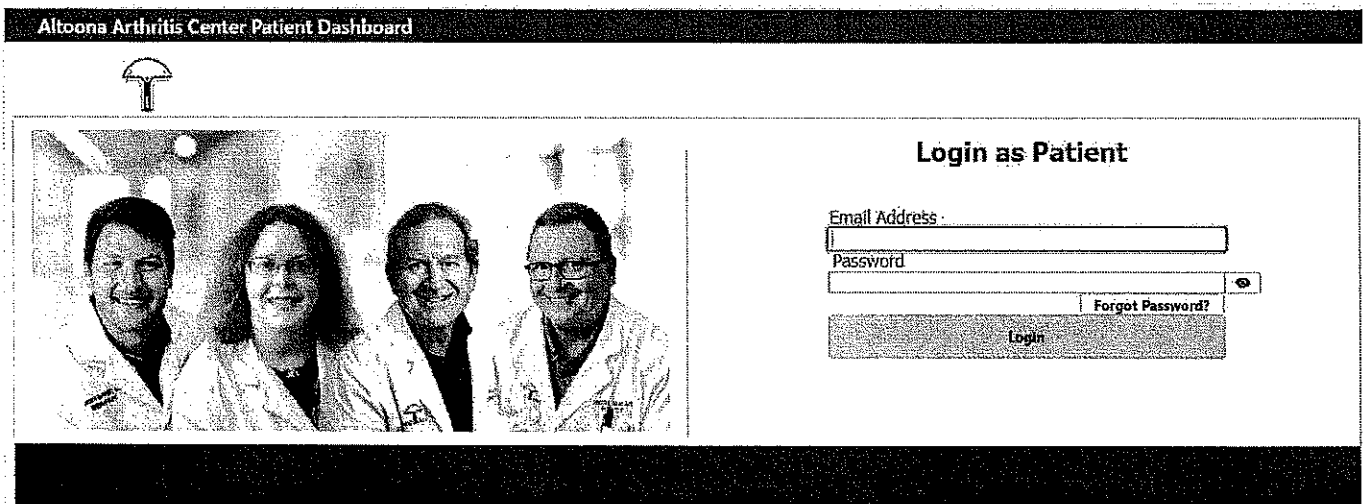
Altoona Arthritis and Osteoporosis Center is excited to announce an easier way for you to access your patient information from your home! On our new and improved Patient Dashboard you are able to access your office notes, view/ Print lab results, view and verify your upcoming appointments and send secure messages straight to your physician.

### How to access your file

To access the secure patient portal please go to [altoonaarthritis.com](http://altoonaarthritis.com). Here you will find a link to the patient portal.



After clicking the patient portal link, the Portal log in screen should appear as below.



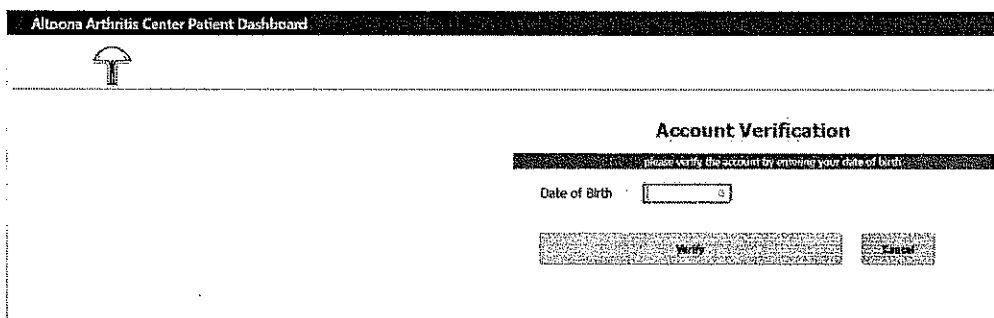
### Email/Password

In the email address field you will enter your personal email address. If you already have an account set up with us, you may use your current password to enter the dashboard. If you have visited our patient portal before and are unsure of your password you may use the forgot password link. This will send you an email to securely reset your password.

If you are new to our patient dashboard you will receive a Welcome Email containing the temporary password which you can copy and paste into the password field.

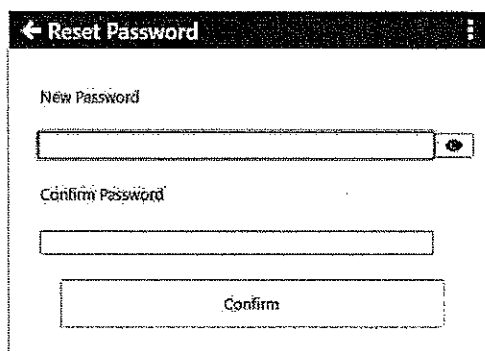
All passwords will display as dots (••••••) when you type them for added security. Once your email and password have been entered, click the **LOGIN** button.

If you are new to our patient dashboard and received the welcome letter after entering the temporary password you will be asked to verify your date of birth.



The screenshot shows the 'Altona Arthritis Center Patient Dashboard' header. Below the header is a navigation icon. The main content area is titled 'Account Verification' and contains a sub-header: 'please verify the account by entering your date of birth.' Below this is a 'Date of Birth' label followed by a text input field. At the bottom of the form are two buttons: 'Verify' and 'Cancel'.

After you verify your account by entering your date of birth, you will be prompted to create a new password.



The screenshot shows a 'Reset Password' form. It has a back arrow and a title 'Reset Password'. The form contains two text input fields: 'New Password' and 'Confirm Password'. Below the 'Confirm Password' field is a 'Confirm' button.

**Password Requirements:**

- Password must be 5 characters long
- Passwords must have an upper and lower case
- Passwords must include a number
- Passwords must include a symbol

Type the new password in the **New Password** field and then be sure to type the same password in the **Confirm Password** field. Click **Confirm** to save.

**Remember the NEW PASSWORD you created. You will use this password when you log into the patient portal next time.**

**Use the Forgot Password button to request a new temporary password if yours expires.**

If you have any questions please call (814) 693-0300 our staff will be happy to assist you.